



DOMINION WINDOW

First United Methodist Church, Cocoa

FEBRUARY 2009

PASTOR GENE YOTKA

Spending Time With The Lord

Stopping and spending time with God is absolutely essential to anyone who wishes to grow spiritually. We can do and do, but if we never stop to spend time with God who is the source of our strength, we fall short of being who God wants us to be. Over and over again in the Scriptures we find Jesus seeking that quiet place to be alone with the Father, thus in behooves us to do the same, if our desire is to grow into Christ's likeness and be effective as residents of God's kingdom. The following is a guide into spending time with God. It is important that we find a quiet comfortable place. Sit straight, and focus your attention on the present moment. Try not to think of the past or things you need to do in the future. Just sit in the moment with our Lord Jesus Christ. Prepare as follows, and when you come to the time of listening, do just that. Be attentive to Christ's presence with you, right here and right now, as you sit and listen. Try to remain listening for 30 minutes. When your mind wanders refocus on the fact that Jesus is with you and refocus your attention on the Lord.

My prayer is that you will be greatly blessed, as you seek to intentionally spend time with God this day. Pastor Gene

A Time of Solitude

Sit in an upright and comfortable position:

Meditation: (Repeat in your mind 5-10 times)

Listen and hear my voice; pay attention and hear what I say.

God, in Isaiah chapter 28 verse 23

Opening Prayer: (Pray softly)

Almighty God, to You all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of Your Holy Spirit, that we may perfectly love you, and worthily magnify Your Holy Name, through Christ our Lord, Amen.

Scripture Reading: (Read to yourself softly)

The LORD is gracious and compassionate, slow to anger and rich in love.⁹ The LORD is good to all; he has compassion on all he has made.¹⁰ All you have made will praise you, O LORD; your saints will extol you.¹¹ They will tell of the glory of your kingdom and speak of your might,¹² so that all men may know of your mighty acts and the glorious splendor of your kingdom.¹³ Your kingdom is an everlasting kingdom, and your dominion endures through all generations. The LORD is faithful to all his promises and loving toward all he has made.^{NIV} **Psalm 145:8-13**

The Lord's Prayer:

Our Father, who art in heaven,
hallowed be thy name.
Thy Kingdom come,
thy will be done,
on earth as it is in heaven
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, the power and the glory. for ever and ever. Amen



Song of Praise: (Sing or Speak Softly to yourself)

Turn Your Eyes Upon Jesus

Turn your eyes upon Jesus,
Look full in His wonderful face,
And the things of earth will grow strangely dim
In the light of His glory and grace.

Listening:

Take a deep breath and feel God's presence around you. Know that each beat of your heart and each breath you take is a gift of God and be thankful. Listen for God's still small voice. (15-30 minutes).

When finished simply say: Thank you Lord, in Jesus precious Name, Amen



Every fourth Saturday of each month we are having a **PRAYER WALK** around our community. This was started last year and has been very successful.

We meet at 4pm at our church and head out to neighborhoods, pray before each house and lift our neighbors in prayer.

We would love you to join us. Remember it is the **FOURTH SATURDAY OF EACH MONTH.**

After the walk come back and enjoy some time at the **Awakening Café**. Relax have a cool drink, cup of coffee/tea, enjoy a worship service this uplifting ministry.

CIRCLE OF CONCERN

Home: Mary Heslop, Kay Bartberger, May Russell, Sharon Bauer, David Rothermund, Christi Coy, Ernest Lindley, Betty Turner, Bill Green, Jim Bishop, Sr. Peggy Morgan Halper, Fay Mallard, Elsie Bailey, Gladys Williams

Rockledge Rehab. Bob Kunkle, Ann Anderson

Merritt Island Rehab: Ruth Warden

THE SHEPHERD'S CLOSET THRIFT STORE"



Please continue to support
this wonderful ministry.

We need 116qt. plastic containers for clothes and
tubular plastic coat hangers.

Volunteers welcomed!

Open Monday—Saturday

10am—3pm.



COMING FEBRAURY 13TH 2009

Cappuccino &
dessert

“Celebrate Valentine’s Day with us”

**Come enjoy delicious deserts, fruit/cheese platters, fondue
and many more tasty treats.**

**7PM—10PM February 13th 2009,
Hughlett Hall**

Dress: Black and White (business attire)

**\$10:00 Donation for our Backyard Ministries
Bring a friend and let them enjoy the fellowship here**



HANDBELL REHEARSALS

Echoes of Faith
Spirit Ringers
Celebration Ringers
Sol Ringers

Tuesday, 7:00
Wednesday, 6:00
Thursday, 7:00
Sunday, 6:30

ANYONE WISHING TO JOIN
OUR HANDBELL CHOIRS
PLEASE CALL DIANE CLICK
452-4709

CHAPEL SERVICE NEW TIME

Come join us for Chapel Service Every Week.

Wednesday:6:00pm (Evenings) A Service of Song

Thursday : 8:30am A Service of Presence (Holy Communion)





FEBRUARY 2009

- Sunday 1st 6:00pm Superbowl Party - Hughlett Hall -TBA
* 6:30pm Sol Ringers
- Tuesday 3rd * 8:45pm Staff Meeting
* 4:00pm Bible Study
* 5:30pm Fellowship Dinner
* 6pm-8pm Youth Group Meet
* 6:30pm Praise Band Rehearsal
* 7:00pm Echoes of Faith
- Wednesday 4th 9:30am UMW Executive Board Meeting
* 6:00pm Spirit Ringers
* 7:30pm Choir Rehearsal
* 6:00pm Chapel Service Praise
- Thursday 5th 6:30pm Trustees Meeting
* 7pm—8:30pm Ballroom Dancing Instruction
* 7:00pm. Celebration Ringers
- Friday 6th 11:00am Visually Impaired Cooking Class. H. Hall
* 6:30pm Praise Band Rehearsal
- Saturday 7th 2009 Atlantic Central Training Meetings.
(Trinity UMC West Palm Beach)
- Sunday 8th * 2pm—4pm Via de Cristo Meeting (Rm. 208)
Bells performing at the 11am Worship Service
- Monday 9th 5:30pm Finance Meeting
7:00pm Church Council Meeting
- Wednesday 11th 10:30am UMW General Meeting, H. Hall
- Thursday 12th : **8:30am Chapel Service with Communion (New day)**
30pm Tommy Vance Dancers (Rehearsal - H. Hall)
7:00pm Ball Room Dancing Classes, H. Hall
- Friday 13th 1:00pm—2:30pm AIA School Lunch Hughlett Hall
7:00pm—9:00pm Cappuccino & Chocolate Affair—H. Hall
- Saturday 14th 2pm—4pm Tommy Vance Dancers Show (H. Hall)
(No Awakening Café tonight)
- Sunday 15th Bells perform at the 10:00am Praise Service
- Tuesday 24th (No Dinner tonight it will be tomorrow evening 25th)
- Wednesday 25th 5:00pm Fellowship Dinner
6:30pm Ash Wednesday Service (Sanctuary)
- Thursday 26th 10am—11:30am Spiritual Growth Group (Parlor)
- February 28th 4:00pm Prayer Walk.

FOR YOUR INFORMATION!

SOME NEW TIMES AND HAPPENINGS

- Tuesday:** 3:45pm Bible Study with Pastor Gene Rm. 208
5:30pm Tuesday Fellowship Dinner
8:30pm WISEGUYS (Men 18-30 meet in H. Hall for Bible Study and Fellowship)
We would like to welcome you to this new and successful men's group.
- Wednesday:** 6:00pm Communion and "A Service of Song"
6:30pm "Vine & Branches" (College Age Co-ed) H. Hall
Great for young people !
- Thursday :** 8:30am A Service of Presence (Holy Communion) new day as Pastor Gene will be in Orlando on Fridays for school.



BALLROOM DANCING CLASSES

**Every Thursday
7pm—8:00pm**

For the month of **February we will be learning
The Fox Trot and Waltz.**

**Donation \$2.00 per person
Herman and Betty Byrd are the Instructors.
*Open to the Public, (Dress Casual)***

**This is a fundraiser to support our
Backyard Ministries Home Improvement Services.
Tell a friend. Come and enjoy Fun, Fellowship and
Great Exercise!**

Call the church office for more information



UNITED METHODIST WOMEN NEWSLETTER

JANUARY 2009

UMW Web-Site: gbgm-umc.org/umw

The Executive Board WILL MEET Feb. 4 at 9:30am in the Parlor. We will be discussing Spiritual Growth Study, Mother Daughter Banquet and other activities. All officers are encouraged to attend..

The Unit Meeting will be held in Hughlett Hall on Feb. 11 at 10:30am. The program **“Who’s Missing at the Table?”** will be presented by Nancy Glass and family. Martha Circle is the Host group and will serve the lunch. This program will be helpful to all members but especially those who have lost a family member.

CIRCLES

Rachel Circle will meet Feb. 18 at 10:00am with Sue Oden, Mildred Page will have the program and Jean Colston the Devotion.

Lydia Circle

will meet Feb. 18 at 10:00am. You will be called about the location.

Martha Circle

Will be the host group for the Unit Meeting and will not have a regular meeting.

Mary Deborah Circle

will meet in the Parlor on Feb. 16 at 7:00pm.

Ruth Book Group

Will meet Feb. 25th at 9:30am in the Parlor. Each member will bring a “favorite Snack” to share. The program will be a movie “The Ultimate Gift” - remember we heard the review of the book last month by Jan Brown.

SPIRITUAL GROWTH STUDY in the Parlor Time. February 19th and 26th **10:00am to 11:30am. Book “I believe in Jesus” by Minova Carcano. The class will** be presented by Carlos Page. Bring your Bibles. These are copies available if you want to read the book. Check with Pat Spencer, Spiritual Growth Secretary.

The Mission Study **“Native Americans”** will be presented in September.

UMW continued . . .

Mother Daughter Banquet will be Friday, April 17th. The theme is “there’s Something About Christmas.” Mark date on your calendar. Tickets will be \$7.00 for adults and \$3.00 for children (9 and under) They will be available in March. More information next month.

Vivian Scott, President and Jacky Rothermund, Treasurer attendede the District Training on January 10th at Cocoa Beach Church. Both received helpful and informative information that will assist them in their new responsibilities.

Thanks to all who supported the “**Habitat Project**” our final amount was **\$568.00** Thanks to all who supported the “**Christmas Stocking for Salvation Army**” our grand total was **\$383.55**

MISSION GIVING:

United Methodist Women give to Missions through the church—Our World Service Money. They also pledge through the Circles each January. Last year Cocoa Unit paid **\$2,070**. Our pledge was sent to District, then conference and then to the Women’s Division which received **\$850,000** in Designated Giving plus. Bequest, gifts and contributions of **\$440,000**. This money is at “work all around the world. Check the Response Magazine and World Outlook to read about what your money is doing. Two class works are Tampa community Center and Haitian Church and Day Care Center on our District.

General Members can make a pledge and give to the Unit—Give money to **Jacky Rothermund**.



MARK YOUR CALENDAR

2009—School of Christian Mission at Florida Southern

July 21—24 (week)

July 24-26 (Weekend)

Spiritual Growth Retreat at Enrichment Center

September 11-13

Children’s Week **March 29-31** (See Article)

2010 Assembly—**April 29—May 2nd** in St. Louise Mo.

(Start saving your money today)

UMW Continued . . .

Mothers/Women want to get involved:

Join other UMW in Tallahassee on **March 29-31 to be a stronger advocate for “One Voice for Children.”** For more information go to the web site ww.childrensweek.org or read article in December Genesis. (UMM Officers receive Genesis)

The January meeting was well attended—the Stone Soup was enjoyed by all. The program presented by Flo Newhouse and we were challenged to help **“Women, Children and Youth” to gain more access to information technology. Our offering for “Call to Prayer and Self Denial” was \$125.50** Thanks to Flo and friends—also to Sue Oden for sharing the Stone Soup Story.

CHURCH WOMEN UNITED DATES FOR YOUR CALENDAR.

World Day of Prayer—**March 6** Lutheran Church of the Resurrection.

May Friendship Day (Pot Luck Meal) **May 1**

World Community Day—**November 6**

Annual Meeting 2010—**January 11**

Watch the Dominion Window and local newspaper for places and other information.

LaVonn Simpkins will also be helpful as she is our CWU representative.

Remember to check your bulletins for any updated information

FOR YOUR INFORMATION

Neil Fetzer, a long time winter visitor to our church will not come this year BUT plans to come next year. Neil fell in April while trimming palm trees at his home in Cocoa. He was doing well after surgery and re-hab when he suffered a heart attach. His address is **617 West Main Street, Mechenicsburg, Pa 17055-3246** if you would like to send a card. Telephone # **717-766-6218**

SUNDAY SCHOOL HAPPENINGS!

Adult Fellowship Class enjoyed a morning together watch an “old” Movie, visiting and eating. This class meets in room 316 at 10:00am on a Sunday. **Searchers Class** will meet with the Hardees in February and Pages in March.



FEBRUARY 2009

- 2/01 Sarah Van Gundy
2/03 Dorothy Ashley
2/04 Majorie Braxton
2/-5 Kurt Ronstrom, Gerald Odom,
2/08 Beverly Ratcliffe, Fern Patton
2/09 Ruth Higgs
2/11 Dorothy Young
2/13 Dorothy Kunkle, Adrian Jensen
2/14 Elsie Booth
2/15 Marguerite Accola
2/17 Bob Selle, Barbara Kennedy
2/18 Gary Dean, Kurt Yotka
2/19 Carol Simpson
2/20 May Russell, Larry Bridgham
Philip Underwood.
2/22 Walter Vasilevich
2/23 Becky Fasulo, Lindsey Mosebach
2/24 Kay Bartberger
2/26 Eileen Thrift
2/27 Chloe Drobniwski
2/29 Bruce Tate
Sarah Oliver

If we have failed to mention anyone's birthday, please let us know. We rely on you to upkeep our information. Thank you for your help.

MARCH 2009

- 3/02 Pat Spencer
3/03 James Mitchell
3/04 Arlene Owens
3/05 Joanne Booth
3/06 Lenora Cuppett, Beth Stacy,
Ken Booth
3/07 Irene Marek. Clinton Wright
3/08 Gwen Mangun
3/09 John Hankins, Mamie Kingston
3/10 Pat Russell, Duane Myers
3/11 David Russell
3/12 Dell Higgs, Rita Renfroe,
Jay Wright III, Sidney Gillis
3/13 Darlene Standridge
3/14 Jessica Hasto, Stevie Haile,
3/16 Jo Hasto,
3/17 Bernie Simpkins
3/18 Lila Slack
3/21 Vernon Knight
3/22 Loretta Coffey
3/22 Isabella Liberatore
3/23 Sandra Patrick, Robert Brown,
Sherry Jeter
3/24 Louise Mills
3/30 Paul Cuppett
3/31 Alex Gillis

A GREAT RECIPE FOR LIFE!

1. Take a 10-30 minute walk every day. And while you walk, smile. It is the ultimate anti-depressant.
2. Sit in silence for at least 10 minutes each day. Talk to God about what is going on you your life. Buy a lock if you have to.
3. When you wake up in the morning complete the following statement, 'My purpose is to _____ today. I am thankful for _____'
4. Eat more foods that grow on trees and plants and eat less food that is manufactured in plants.
5. Drink green tea and plenty of water. Eat blueberries, wild Alaskan salmon, broccoli, almonds and walnuts.
6. Try to make at least three people smile each day.
7. Don't waste your precious energy on gossip, issues of the past, negative thoughts or things you cannot control. Instead invest your energy in the positive present moment.
8. Eat breakfast like a king, lunch like a prince and dinner like a college kid with a maxed out charge card.
9. Life isn't fair, but it's still good.
10. Life is too short to waste time hating anyone.
11. Don't take yourself so seriously. No one else does.
12. You are not so important that you have to win every argument. Agree or disagree.
13. Make peace with your past so it won't spoil the present.
14. Don't compare your life to others. You have no idea what their journey is all about.
15. No one is in charge of your happiness except you.
16. Frame every so-called disaster with these words: 'In five years, will this matter?'
17. Forgive everyone for everything
18. What other people think of you is none of your business.
19. GOD HEALS EVERYTHING—but you have to ask Him.
20. However good or bad a situation is, it will change.
21. Your job won't take care of you when you are sick. Your friends will. Stay in touch!!
22. Envy is a waste of time. You already have all you need.
23. Each night before you go to bed complete the following statements: I am thankful for _____, Today I accomplished _____.
24. Remember that you are too blessed to be stressed.
25. When you are feeling down, start listing your many blessings. You'll be smiling before you know it.

Submitted by Gretchen McGaffic



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