



**What Shall I  
Return to the  
Lord for All  
His Bounty  
To Me?**

**Psalm 116**

# A Pondering

**My Heart  
for God**

**God's Blessings  
In My Life**



**I love the LORD, because he has heard my voice and my supplications. Because he inclined his ear to me, therefore I will call on him as long as I live. The snares of death encompassed me; the pangs of Sheol laid hold on me; I suffered distress and anguish. Then I called on the name of the LORD: "O LORD, I pray, save my life!"** NRS

**Psalm 116:1-4**

**Gracious is the LORD, and righteous; our  
God is merciful. The LORD protects the  
simple; when I was brought low, he saved  
me. Return, O my soul, to your rest, for the  
LORD has dealt bountifully with you.** <sup>NRS</sup>

**Psalm 116:5-7**

**For you have delivered my soul from death,  
my eyes from tears, my feet from  
stumbling. I walk before the LORD in the  
land of the living. I kept my faith, even  
when I said, "I am greatly afflicted"; I said  
in my consternation, "Everyone is a liar." <sup>NRS</sup>**

**Psalm 116:8-10**

*Our Heart:* We Love the Lord.

*God's Blessing:* God hears our voice.

*Our Heart:* To call on God as long as we live.

I suffered distress and anguish. Then I called  
on the name of the LORD: "O LORD, I pray,  
save my life!"

*God's Blessing:* Salvation, Grace, Mercy,  
Protection

...when I was brought low, he saved me.

# Something the Psalmist Did Not Know



**What shall I return to  
the LORD for all his  
bounty to me?** NRS

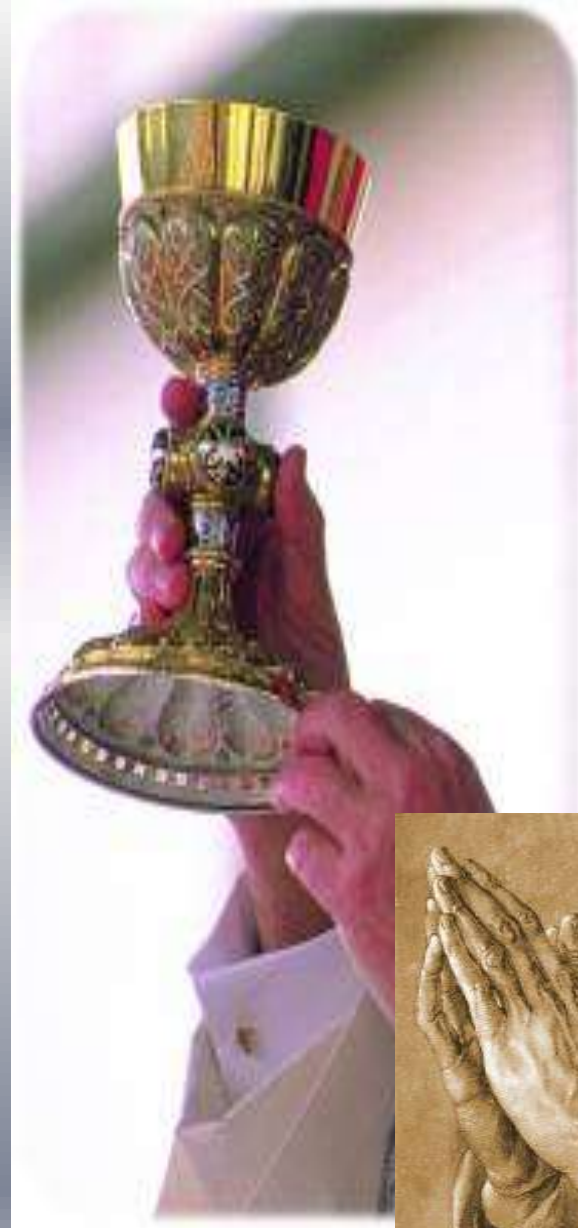
**Psalm 116:12**

# THANKSGIVING



**I will lift up the  
cup of salvation  
and call on the  
name of the  
LORD,** NRS

**Psalm 116:13**



**I will pay my  
vows to the  
LORD in the  
presence of all  
his people.** NRS

**Psalm 116:14**



Prayers  
Presence  
Gifts  
Service  
Witness

**What shall I render to my God  
For all His mercy's store?  
I'll take the gifts He hath bestowed,  
And humbly ask for more.**

**The sacred cup of saving grace  
I will with thanks receive,  
And all His promises embrace,  
And to His glory live.**

**My vows I will to His great Name  
Before His people pay,  
And all I have, and all I am,  
Upon His altar lay.**



**Charles Wesley**

**Precious in the sight of the LORD is the death of his faithful ones. O LORD, I am your servant; I am your servant, the child of your serving girl. You have loosed my bonds.** <sup>NRS</sup>

**Psalm 116:15-16**

**I will offer to you a thanksgiving sacrifice and call on the name of the LORD. I will pay my vows to the LORD in the presence of all his people, in the courts of the house of the LORD, in your midst, O Jerusalem. Praise the LORD!** <sup>NRS</sup>

**Psalm 116:17-19**

# A Time For Reflection

**Search Your Heart**

**Recall Your Blessings**

**Consider Your Response**



**LET US PRAY and  
SING PRAISES FOR  
GOD'S ABUNDANT  
BLESSINGS**